

Developmental Milestones Reference Table- Females

According to guidelines for developmental assessments of babies and toddlers up to the age of six years

6 weeks to 3 months

#	↓ Milestone	Age (months) →	0	1	2	3	4	
1.1	Visually follows a moving object horizontally		Immediate	referral to MCHC doctor/ primary physician				
1.2	Vocalizes in response to human voice						At age 2 months refer to MCHC doctor/ primary physician	
1.3	Smiles responsively						At age 2 months refer to MCHC doctor/ primary physician	
1.4	Raises head						At age 4 months refer to MCHC doctor/ primary physician	



3 to 6 months

#	↓ Milestone	Age (months) →	3	4	5
2.1	Visually follows a moving object vertically		Immediate	referral to MCHC doctor/ primary physician	
2.2	Responds to rattling sound		Immediate	referral to MCHC doctor/ primary physician	
2.3	Responds with joy to human voice*		Immediate	referral to MCHC doctor/ primary physician	
2.4	Makes various sounds including constants (i.e. Mm rr gg)				At age 4 months refer to the primary physician and hearing test
2.5	Hands together, manipulates fingers				At age 4 months refer to the primary physician
2.6	Head and chest up in prone position				At age 4 months refer to the primary physician
2.7	Grasps an object				At age 5 months refer to the primary physician



6 to 9 months

#	↓ Milestone	Age (months) →	6	7	8	9
3.1	Transfers an object from one hand to the other					At age 6 months refer to the primary physician
3.2	Makes repetitive syllables-constant or vowels					At age 8 months refer to the primary physician and hearing test
3.3	Rolls over from abdomen to back and back to abdomen					At age 9 months refer to the primary physician
3.4	Responds differently to familiar and stranger					At age 9 months refer to the primary physician



9 to 12 months

#	↓ Milestone	Age (months) →	9	10	11	12
4.1	Taps two objects playfully					At age 9 months refer to the primary physician
4.2	Crawls					At age 9 months refer to the primary physician
4.3	Vocalizes in a dialogue					At age 9 months refer to the primary physician and hearing test
4.4	Responds when addressed by name					At age 9 months refer to the primary physician and hearing test
4.5	Feeds self					Provide guidance
4.6	Uses thumb- fingers grasp					At age 10 months refer to the primary physician
4.7	Understands simple instructions					At age 11 months refer to the primary physician and hearing test
4.8	Imitating gestures and movements*					At age 12 months refer to the primary physician
4.9	Gets to sit without support					At age 12 months refer to the primary physician
4.10	Says one word or pronounces meaningful sounds					At age 12 months refer to the primary physician



12 to 18 months

#	↓ Milestone	Age (months) →	12	13	14	15	16	17	18
5.1	Expresses will vocally or with gestures								At age 12 months refer to the primary physician and hearing test
5.2	Makes eye contact and expresses reciprocity during joint game								At age 12 months refer to the primary physician and hearing test
5.3	Walks with assistance								At age 14 months refer to the primary physician
5.4	Pulls to stand								At age 14 months refer to the primary physician
5.5	Points at familiar objects to request								At age 15 months refer to the primary physician and hearing test
5.6	Says 2-3 words								At age 16 months refer to the primary physician and hearing test
5.7	Places a cube inside a cup*								At age 18 months refer to the primary physician



18 to 24 months

#	↓ Milestone	Age (months) →	18	19	20	21	22	23	
6.1	Climbs upstairs with assistance								At age 18 months refer to the primary physician
6.2	Walks without assistance								At age 18 months refer to the primary physician
6.3	Eats independently with a spoon								Provide guidance
6.4	Functional play*								At age 18 months refer to the primary physician
6.5	Initiating interactions or mutual play*								At age 18 months refer to the primary physician
6.6	Familiar with at least one body part								At age 19 months refer to the primary physician
6.7	Builds a tower of cubes								At age 20 months refer to the primary physician
6.8	Squeezes and sticks out lips to give a kiss								Provide guidance
6.9	Has a vocabulary of over ten words								At age 23 months refer to the primary physician and hearing test



At each visit: it is important to provide advancing guidance compatible with age and an explanation about the milestones that will be checked at the next visit

* This milestone has come into use and is in the process of validating performance norms for expanding the scale. Not previously validated on the THIS developmental scale

- Newborn visual screening test
- Newborn hearing screening test

Achievement rate
75%>
75-90%
90-95%
95%<

Developmental domain
Personal-social
Language
Gross motor
Fine motor



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2 to 3 years

#	Age (years) →	2						2.5			
	↓ Milestone Age (months) →	24	25	26	27	28	29	30	31	32	
7.1	Runs well without falling										At age 24 months refer to the primary physician
7.2	Climbs up and down the stairs without an adult's assistance										At age 24 months refer to the primary physician
7.3	Participation in everyday activities*										Provide guidance and follow up
7.4	Recognizes familiar objects and pronounces them by name										At age 29 months refer to the primary physician and hearing test
7.5	Composes a sentence of at least two words										At age 29 months refer to the primary physician and hearing test
7.6	Communication oriented speech*										At age 30 months refer to the primary physician and hearing test
7.7	Symbolic play*										At age 30 months refer to the primary physician and hearing test
7.8	Understands actions and speech without gestures										At age 30 months refer to the primary physician and hearing test
7.9	Imitates horizontal, vertical and circle lines										At age 32 months refer to the primary physician



3 to 4 years

#	Age (years) →	2.5		3		3.5		4			
	↓ Milestone Age (months) →	32	34	36	38	40	42	44	46	48	
8.1	Expresses freely										At age 34 months refer to the primary physician and hearing test
8.2	Jumps from a stair										At age 3 years refer to the primary physician
8.3	Puts on shoes and dresses independently without buttoning										Provide guidance encouraging independence and follow up
8.4	Imitates patterns (+) and copies circles										At age 42 months refer to the primary physician
8.5	Understandable and fluent speech*										At age 4 years refer to the primary physician and hearing test



4 to 5 years

#	Age (years) →	3.5		4		4.5		5				
	↓ Milestone Age (months) →	42	44	46	48	50	52	54	56	58	60	
9.1	Stands up on one leg for 3 seconds											At age 42 months refer to the primary physician
9.2	Counts three cubes											At age 42 months refer to the primary physician
9.3	Familiar with at least three prepositions											At age 42 months refer to the primary physician
9.4	Understandable speech											At age 44 months refer to the primary physician
9.5	Plays with peer group											At age 4 years refer to the primary physician
9.6	Eats independently with a spoon and a fork*											Provide guidance encouraging independence
9.7	Dresses independently											Provide guidance encouraging independence
9.8	Copies a square shape*											At age 5 years refer to the primary physician



5 to 6 years

#	Age (years) →	4.5			5			
	↓ Milestone Age (months) →	54	56	58	60			
10	Uses correct verbs and tense to describe a picture							At age 54 months refer to the primary physician
10	Answers orientation questions such as name or age							Provide guidance
10	Jumps on one leg							At age 56 months refer to the primary physician
10	Walks heel to toe							At age 58 months refer to the primary physician
11	Draws a human figure							At age 58 months refer to the primary physician
11	Copies geometrical shapes such as X and triangle							At age 58 months refer to the primary physician



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